



# THORNTON PRIMARY SCHOOL

Love • Respect • Ambition

## PSHE Key Vocabulary Year 1

<p style="text-align: center;"><b><u>Me and My Relationships</u></b></p> <ul style="list-style-type: none"><li>• friends</li><li>• help</li><li>• rules</li><li>• family</li><li>• hurt</li><li>• safe</li><li>• feelings</li><li>• listen</li></ul>	<p style="text-align: center;"><b><u>Valuing Difference</u></b></p> <ul style="list-style-type: none"><li>• respect</li><li>• feelings</li><li>• different</li><li>• safe</li><li>• bully</li><li>• fair</li><li>• rules</li><li>• special people</li><li>• tease</li><li>• similar</li><li>• same</li><li>• kind</li></ul>	<p style="text-align: center;"><b><u>Keeping Safe</u></b></p> <ul style="list-style-type: none"><li>• air</li><li>• sleep</li><li>• exercise</li><li>• stop</li><li>• unsafe</li><li>• share</li><li>• nervous</li><li>• internet</li><li>• medicine</li><li>• uncomfortable</li><li>• body</li><li>• feelings</li><li>• food</li><li>• water</li><li>• safe</li><li>• healthy</li><li>• private</li><li>• worried</li><li>• scared</li></ul>
<p style="text-align: center;"><b><u>Rights and Respect</u></b></p> <ul style="list-style-type: none"><li>• clean</li><li>• environment</li><li>• routine</li><li>• first aid</li></ul>	<p style="text-align: center;"><b><u>Being My Best</u></b></p> <ul style="list-style-type: none"><li>• starchy</li><li>• dairy</li><li>• protein</li><li>• sugar</li></ul>	<p style="text-align: center;"><b><u>Growing and Changing</u></b></p> <ul style="list-style-type: none"><li>• adult</li><li>• heart</li><li>• brain</li><li>• stomach</li></ul>



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- spending
- litter
- risk
- responsibility
- danger
- safe
- help
- money
- saving
- environment
- look after
- responsible

- practise
- fruit
- difficult
- learning
- make mistakes
- hygiene
- cereal
- bread
- water
- energy
- help
- healthy
- support
- vitamins
- vegetables
- germs

- trusted growing
- lungs
- vulva
- penis
- learning